

My child's health checklist

Preventive health screenings and vaccines are an important part of Care made just for your baby, child or teen! Ask your primary care team if it's time for these recommended preventive health screenings and vaccinations. Start checking off this list today. It's a great way to help your child put the ME back in Medicaid.

Well Visits

- Infant /Toddler Visits**
(2-3 days after birth; then at 1, 2, 4, 6, 9, 12, 15, 18, 24 and 30 months)
- Yearly Check Up**
(every year starting at age 3)
- Dental Check Up**
(every 6 months starting at age 1)

Source: Bright Futures/American Academy of Pediatrics

Measurements

- Length/height and weight (birth to 21 years)
- Head circumference (birth to 30 months)
- Weight for length (birth to 24 months)
- Body mass index (24 months to 21 years)
- Blood pressure (risk assessment birth to 30 months; screening 3-21 years)

Sensory Screenings

- Vision
- Hearing

Developmental/Behavioral Health Screenings

- Anemia
- Anxiety and depression, including caregiver depression screenings for mom, dad and/or partner
- Autism Spectrum Disorder
- Developmental milestones
- Lead exposure
- Psychosocial/behavioral
- Tobacco, alcohol or drug use

Birth to 3 years

Immunizations	To Do	Date Done
Diphtheria, tetanus & acellular pertussis — DTaP (Doses 1-4)		
Haemophilus influenza type b — Hib (Doses 1-4)		
Hepatitis A — HepA (Doses 1-2)		
Hepatitis B — HepB (Doses 1-3)		
Inactivated poliovirus — IPV (Doses 1-4)		
Influenza IIV (every year)		
Measles, mumps, rubella — MMR (Dose 1)		
Pneumococcal conjugate — PCV13 (Doses 1-4)		
Rotavirus — RV (Doses 1-3)		
Varicella — VAR (Dose 1)		

3 years to 18 years

Immunizations	To Do	Date Done
COVID-19		
Diphtheria, tetanus & acellular pertussis — DTaP (Dose 5 at age 4)		
Human papillomavirus — HPV (Doses 1-2)		
Inactivated poliovirus (Dose 5 at age 4)		
Influenza IIV (every year)		
Measles, mumps, rubella — MMR (Dose 2 at age 4)		
Meningococcal (Doses 1-2)		
Tetanus, diphtheria & acellular pertussis — Tdap		
Varicella — VAR (Dose 2 at age 4)		

Source: CDC